

TV Rheinbrohl 2025

Hallenbelegungsplan Sportzentrum Maria-Hilf-Straße 8b							07.01.2025	
alte Turnhalle	Uhrzeit	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Uhrzeit	
	9:00 - 9:30							9:00 - 9:30
	9:30 - 10:00						9:30 - 10:00	
	10:00 - 10:30						10:00 - 10:30	
	10:30 - 11:00						10:30 - 11:00	
	11:00 - 11:30						11:00 - 11:30	
	11:30 - 12:00			11:30 - 13:00		11:30 - 13:00	11:30 - 12:00	
	12:00 - 12:30			Co-Operation		Co-Operation	12:00 - 12:30	
	12:30 - 13:00			Maximilian-Kolbe-Schule		Maximilian-Kolbe-Schule	12:30 - 13:00	
	13:00 - 13:30	11:30 - 16:00	11:30 - 16:00		11:30 - 16:00		13:00 - 13:30	
	13:30 - 14:00	Co-Operation	Co-Operation		Co-Operation		13:30 - 14:00	
	14:00 - 14:30	Maximilian-Kolbe-Schule	Maximilian-Kolbe-Schule		Maximilian-Kolbe-Schule		14:00 - 14:30	
	14:30 - 15:00						14:30 - 15:00	
	15:00 - 15:30						15:00 - 15:30	
	15:30 - 16:00						15:30 - 16:00	
	16:00 - 16:30	Kurs 1 16:00 - 17:00		16:15 - 17:00			16:00 - 16:30	
	16:30 - 17:00	Kurs 2 17:00 - 18:00		Kinderturnen w/m 5 - 6 J.	16:30 - 17:30	16:00 - 18:30	16:30 - 17:00	
	17:00 - 17:30		Gr. 1 16:30 - 17:15	17:00 - 18:00	Gymnastik Frauen	Gerätturnen Mädchen	17:00 - 17:30	
	17:30 - 18:00	Eltern Kind Turnen 1-3 Jahren	Gr. 2 17:30 - 18:15	Kinderturnen w/m ab7/8J.		Leistungsriege	17:30 - 18:00	
18:00 - 18:30	18:00 - 19:00	Kinderturnen 3 - 5 Jahren		18:00 - 19:00		18:00 - 18:30		
18:30 - 19:00	Senioren Gymnastik Männer	18:30 - 19:30		Kurs Pilates		18:30 - 19:00		
19:00 - 19:30	19:15 - 20:45	Jazz-Gymnastik				19:00 - 19:30		
19:30 - 20:00	Kurs Hatha-Yoga	19:45 - 20:45	19:30 - 20:30			19:30 - 20:00		
20:00 - 20:30		Fatburner	Gymnastik Frauen			20:00 - 20:30		
20:30 - 21:00						20:30 - 21:00		
21:00 - 21:30						21:00 - 21:30		
21:30 - 22:00						21:30 - 22:00		

