

TV Rheinbrohl 2023

Hallenbelegungsplan Sportzentrum Maria-Hilf-Straße 8							09.05.2023
alte Turnhalle	Uhrzeit	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Uhrzeit
	9:00 - 9:30						9:00 - 9:30
	9:30 - 10:00						9:30 - 10:00
	10:00 - 10:30					10:00 - 11:00 Hatha Yoga	10:00 - 10:30
	10:30 - 11:00						10:30 - 11:00
	11:00 - 11:30						11:00 - 11:30
	11:30 - 12:00			11:30 - 13:00 Co-Operation Maximilian Kolbeschule		11:30 - 13:00 Co-Operation Maximilian Kolbeschule	11:30 - 12:00
	12:00 - 12:30						12:00 - 12:30
	12:30 - 13:00						12:30 - 13:00
	13:00 - 13:30	11:30 - 16:00 Co-Operation Maximilian Kolbeschule	11:30 - 16:00 Co-Operation Maximilian Kolbeschule		11:30 - 16:00 Co-Operation Maximilian Kolbeschule		13:00 - 13:30
	13:30 - 14:00						13:30 - 14:00
	14:00 - 14:30						14:00 - 14:30
	14:30 - 15:00						14:30 - 15:00
	15:00 - 15:30						15:00 - 15:30
	15:30 - 16:00			Gr.1 15:30 - 16:30 Kinderturnen w/m ab 5 J.			15:30 - 16:00
	16:00 - 16:30	Kurs 1 15:45 - 16:45 Kurs 2 16:45 - 17:45		Gr.2 16:30 - 17:30 Kinderturnen w/m ab 5 J.	16:30 - 17:30 Gymnastik Frauen	16:00 - 18:30 Gerätturnen Mädchen Leistungsriege	16:00 - 16:30
	16:30 - 17:00		Gr. 1 16:30 - 17:15 Gr. 2 17:30 - 18:15 Kinderturnen 3 - 5 Jahren				16:30 - 17:00
	17:00 - 17:30	Eltern Kind Turnen 1-3 Jahren					17:00 - 17:30
	17:30 - 18:00			18:00 - 19:00 Kurs Gesundheitstraining	18:00 - 19:00 Kurs Pilates		17:30 - 18:00
	18:00 - 18:30	18:00 - 19:00 Senioren Gymnastik Männer	18:30 - 19:30 Jazz-Gymnastik				18:00 - 18:30
18:30 - 19:00						18:30 - 19:00	
19:00 - 19:30	19:00 - 20:00 Hatha Yoga	19:45 - 20:45 Fatburner	19:30 - 20:30 Gymnastik Frauen			19:00 - 19:30	
19:30 - 20:00						19:30 - 20:00	
20:00 - 20:30						20:00 - 20:30	
20:30 - 21:00						20:30 - 21:00	
21:00 - 21:30						21:00 - 21:30	
21:30 - 22:00						21:30 - 22:00	

